

SAYF Epistle
W. Knoxville Meetinghouse
November 6-8, 2009

It is so much good to be at SAYF, I missed the last one because, as most of you know, I was playing Jimmy Stewart in Harvey, or I would have been there. Like totally all there and stuff. Anyways, this retreat was pretty much BAMF. I saw oodles of oldies, oodles of noobs, and oodles of noodles at supper last night. The meals were really good, Caty. Thanks for cooking them all. I'm kinda sleepy and out of practice, so sorry if my thoughts don't flow. Indiana Ian strikes again! Mua haha ha ha. Those games were super fun. And there's not too much else to say, so shout outs!

Kama: Koo koo Bananas!

Alise: Sleepy time. Go to sleep.

Ellen: I see you finally learned to control your gluttonous instincts and leave marshmallows for others. Good girl.

Terra: I bet you don't even know how to spell pwn!

Savior Xavier: Savior Xavier FTW! Boy, we gonna make it big!

Jacob: You blacka than my fryin pan!

Lennon: One question I never found the answer to – Is your name Lennon (like Beatles) or Lenin (Like grad)?

Eduardo: I give Lt. massage with my fists!

Noobs: Come back. Really.

PhoPho: Remember don't stick your hand in a jar of jellybeans.

Lekey: I had a Coolness Committee, and decided you're cool again.

And that's pretty much it. See ya'll in January!

Ian

Wow, what a retreat! Sooo much happened I don't know where to start.

Chris: tried to jerk at the gas station and fell.

Zan: nice job kissing Rivers...☺

Hannah: you're still a ho.

Drum circle was amazing but I have no voice now.:((

Kama: awesome sketch of me ☺.

I lost my shades! CRAP! Still had a fun weekend. This Meeting house is really hot with this many people. I had fun after the activities because we a nut fight. Turns out they hurt. Wink was fun and I lost the skin on the front of my legs, again. Don't play chicken with Rivers, he will win. Ian is a spiderman. Zan is bald. Grow your hair faster. Maurice you're awesome. Come again.

Chris

It is not sleepy time. It will never be sleepy time. Nor is it quiet time. I'm not breaking the rules thank you very much.

I must admit, I wasn't excited for this retreat until last period on Friday. It was then that I spazzed out and gurgled for a little while, remembering that I'd soon be seeing all of you. The retreat was filled with love, happiness and jibberish being screamed throughout the night. I wouldn't have it any other way. It was the perfect weather for picnics. The meetinghouse is so beautiful. Thank you all for once again providing me relaxation, smiles and an escape from sanity.

Much love always,
Emily

PS Shoutouts:

Michael – You're a stupid head. JK. You know it's love.

Alise – You're actually beautiful. If you did become a crocodile, I wouldn't run from you.

Maurice – You're tall. Let's be friends.

Wifey – love love love.

Lekey – I'm sorry. Twice as many songs next time?

Phorest – TWINSIES. Color sister and/ brother.

Jacob – I saved you for last – Because last is least. Here's a haiku:

Wrote new Jacob song
It's nicer than the last
You're mean, won't hear it.

Jacob is a meanie
pants. He makes babies cry lots.
Want to punch-hug him.

Jacob is no beast.
Defeated with ninja skills.
I will be winner.

PPS Bruh, bruh. Ya'll bang hard. Bang for life.

PPPS Act now and get a free Braden lesson....That's right. A free Braden lesson!!

Awesome retreat! I'm happy to see so many sayfers I missed due to Nashville not coming last month. Friday was awesome. The car ride to Nashville Meetinghouse with Tristan was needless to say interesting. No DUDs on the way up but the boys had interesting movie conversation I did not understand. And when I got here terra dragged me out of the car to attack hug me. A beautiful beginning to the wondrous weekend. Meeting a vampire and a werewolf. River you are awesome. You need to return as well as Lennon and Paola. Maurice is amazing and a wink beast who must return. It was great hanging with Chris and cuddling with Linky (happy bday) while insulting and complaining about Xavier's ipod. The activities Saturday were so cool. Team 5 totally beat us. ☺ Wink was awesome too. I'm running short on adjectives this morning. I loved seeing all old sayfers and singing to music at lunch with Snickers. Too tired to write more. Kama ♥

So my SAYF retreats are slowly coming to an end. I will be graduating before you know it. It didn't bug me much before, but now I'm becoming more connected with people again, and it sucks that I'm going to have to leave them behind. Depressing. “/

This retreat was just what I needed! Playing Lava games, WINK, drumming circle, leaf pile etc. it was all amazing and fun! I enjoyed it a lot. Shoutouts:

Santha & Katie – I'm always gonna be here for you two. ILY. ♥

Maurice – playing WINK with you, ha, the best experience of my life. I have never had a piggy back ride from my partner that's 2 ft. taller than me! ☺ Loved it. I held you back too! Oh. Love your accent.

Rivers – I didn't actually think you would use that question. I'm sorry. Good thing I made up for it. We are the official tickle monsters.

Zan - * smile * You are amazing.

Kama – POPTART! I love you.

Michael – Ahahaha! Tickle Fight complete. I win!

Newbies – come back and be twobies, & threebies & so on!

Everyone else, I didn't forget about you. I love you all dearly. You hold a special place in my heart.

Stay Beautiful, Chrissy

So as we are leaving the Atlanta Meetinghouse I got a text message about a really close friend of mine who had been in a car wreck back in July and has been through so much recovery for memory and brain damage had passed away that morning. So of course tears, but apart from that the lovely people in this community have helped me through the news that I finally accepted during opening circle. This community is so nurturing in so many ways. I had fun yesterday. I remember waking up & praying that it wouldn't go by too fast. The bright colors of the trees here, the warm puppy piles in leaves was my cure. OK so shoutouts –

Stina & Xavier – fatherdaughter. NO marriage.

Nick – You are so adorable being a gansta.

PHOREST – BABYEATER!

Zan & Kama – I've missed you.

Terra – my Cheshire cat. You can't have him.

Rivers – when you come out of your shell you are AMAZING!

Paola – gorgeous.

Lennon – equal matches = no getting anywhere. I told you you're a vampire!

Michael – snuggles.

& to everyone else. You are beautiful & I thank you so much for helping me through everything.

Stina – (last one) I love you. Thanks for your comfort on the way up.

Until January

Samantha

Pee-es: Lincoln – HAPPY BIRTHDAY!

OMG;;;I love sayf. It was so much...fun....I love all the people; their all so crazy and fun and I love playing wink...lol...I got a busted lip.

I loved the spider web and the tree swing. I think I got pushed into it once or twice but all in all I had a lot of fun. Haley

PS Eagle

I think this retreat was really fun. We did a lot of jerkin. Again. There was really good food. We had spaghetti for our last dinner. We played wink also. It was really fun. I was with Christina for most of the game. We were a pretty even match. She pulled my pants down a few times. Also Rivers and Christi kept on tickling me, along with everyone else. They said no tickling in wink, but they did it anyway. The only bad thing that happened was I lost a twenty dollar bill. That sucked. Other than that I had an awesome time.

- Nick

PS Shout outs!

Braden – Sorry I took half of your breadstick and the rest of the Lucky Charms.

Maurice – It was really cool meeting you. I think you are an awesome guy.

Rivers – Wow. You sure are good at wink.

Jacob – Hey D-Ray!

Autumn – I hope you enjoyed using my phone and running the battery down. Also, sorry about your shirt but thanks for taking one for the team.

Angelina – Are you a vampire?

Lennon – I'm glad you came. You're cool!

Paola – Hey Paola.

Emma- Hey How ya doin?

Christi – Thanks for being my partner for so long, and pulling down my pants.

Santha – Hey! I did not know you and Christina and Kaitlynn were sisters!

Sayf – Super Awesome yodeling fruit yummy, I love fruit. Like purple fruit. Grapes and plums what could be better? Sayf duh. I learned lots of life skills this retreat: leaf piles are usually wet, and pants WILL get dirty when you fight in dirt, windows are quite sexy, calling guys by their female form of their name is the best thing since Mike Jones {lol(smiley face)} ex: Rivers→Riviera, tire swings are great when you aren't spinning, male pregnancy is tough, you can't aim very well ☹. Boys AND girls have coodies CRAZY and trees have rabies. Who knew, waking people up at 5:30 will make them mad at you and they'll take ALL THE FREAKING RED SKITTLES. And many more..... I think.....)

-Apology note-

Sorry I wasn't as awake as I usually am, worst week ever, I almost didn't come, homework is lame. Like superman lame.

Savior Xavier

PS I rock skinnies

PPS I am not Mexican.

PPPS I like you.

PPPPS There's more on the back.

PPPPPS Give Phorest hugs for all the great filming.

Peepee's Underdogs are kinda cool.

Little boe pees I'm done.

PPPPPPPPS Pay-o-la-definition? An under the table deal of cocaine or money for new bands to get their stuff played on the radio.

It was a great retreat for me. All the retreats are good but because I was lead FAPing, this one was different. Thanks to all of you who helped, the planning committee from Chattanooga; Ellen and Elise, Katy, Knox, Angelina and Haley plus those who couldn't come but helped plan: Emanuel and Ansley. Thanks to the Nurturing Committee who worked to keep the spiritual integrity of the retreat in place – Alise for her leadership role, Emily, Michael, Ellen & Elise, Patrick, Inman and others, Thanks to the rest of you who make these retreats so special and to all the newbies. I hope you got a great introduction to SAYF and to Quakerism if you weren't already attending a meeting. And thanks to the FAPs who help in so many behind the scenes way from driving to encouragement to advise and for the many many hugs & kisses. I love you all.

Chuck

As a Unitarian I didn't really know what to expect from this event I was going to. I had already been to one of the retreats before and had become friends with some of the people, but I didn't get to experience the full day event. As the shy type of person who doesn't normally open up or talk to people I don't know, I feel I was able to get over that and in the process I made some great new friends. I really enjoyed my time here getting to have such fun as "D-Ray" and my's crazy Ghetto antics and stuff, Phorest and I having repressed passionate love for each other, always being It in the game of wink, and forming a tickle team with Christina and dominating everyone. It was really fun experience to come to this and I'm very thankful that I did. I'm looking forward to the next retreat. Thank you.

~ R-money

So, I got woken up this morning at 5:30 because apparently you can't be awake alone. I couldn't fall back asleep and I was cold. BUT I got to see the sunrise, so it makes up for it. Wink was pretty beast. I don't know why but it was super fun . ^^ I love trees and hammocks and taco mush (and Xavier). I cut Lekey's hair, and Angelina's and was supposed to cut Pho's and Xavier's but, they were too bust making a hardcore music video.

Love, Terra

PS I stole ALL the red skittles ☺

PPS B-R-I-D- spells bird.

PPPS Some people can fall asleep in about 2 seconds. I can't ☹

PPPPS That was the BEST drum circle ever. Xavier still can't go high pitched.

PPPPPS pay-o-la.

PPPPPPS backbend jerk.

The Knoxville SAYF gave me a chance to deeply appreciate community. The willing heart and helping hands that build community. The intentions and effort that lead by spirit. The giving that envisions beyond reality. As if each one of us are rain drops that are falling, filled with wonder. When drops get together they become rivers and lakes and waves in the ocean... Mari

Retreat #5 and SAYF is still amazing. As I am writing this, I'm wearing a BOOK COVAH that was only three payments of \$25.99.

I also have a child. Wanna see him? * shows * His name is...you know...That One Guy Jr. So anyway, it was great to see the Nashvillians and Ellen and Angelina again. Gosh Emanuel! West Knoxville is gorgeous. Like for reals. Hells yep.

So yeah, something tragic and very traumatic happened last night. Chrissy and Rivers attacked me with tickles..and then a suitcase tripped me and a WINDOW caught my finger. On top of that, Nick Wells stole half of my breadstick at dinner and then took the last of the Lucky Charms! What is wrong with you, man?

I also painted a bird house. You guys, you should see it. It's amazing, but not as corny as the maize maze.

Wink was uber – violent to the max!

No cheese balls?!? What's up with that?

Cake!

Pine-a-pple!

It is concluded that I am married to Long Epistles.

Sorry Autumn!

Hannah+Maurice=awesome Berea newbs.

Taylor=glowy.

I=River's middle name

All my SAYFers=amazingly beautiful.

For nizzle, you guys are dah best...maybe.

There's still me! Lollers. Just kidding. Ya'll rock.

Even the FAPs, who may rock just a bit more but I'm still wearing the book covah, so!

Emily's bathroom story..... hahaha.

That script of the best play ever. It's a Tony-awarding play for most ghetto. :p

It's sad we have to wait til NEXT YEAR! That's so LONG! Hehehe. That's what she said.

So see y'all in January...and Ansley better bring Grave Robbers from Outer Space or I'm gonna like....you know.

That balance beam outside is TIGHT! So is that tire swing.

So anywho, see y'all in January!

That One Guy Sr.

PS I'll get to feel Jesus under the AFMH next retreat.

PPS Let's try to get 22 people on those couches.

PPPS My bird house spells BRID FIGHT.

PPPPS nick Wells, you're wanted...for three payments of \$25.99! Plus you lost the game.

PPPPPS I miss Nicole.

PPPPPPS I ♥ Paola. Lennon like John.

PPPPPPPS...I'm sitting on a step ladder. What now, Nick Wells?

And yes Ian I can spell pun.

Thank you SAYF for a great weekend in a beautiful setting! I greatly enjoyed spending time with you all and getting to know some of you. Let's keep building this community within a community.

Love, Rose

Ahhh, this retreat was ok. I can definitely say it was different than what I expected. For instance: the spider web thingie, the arranging ourselves in a specific order, and the lava game. They were only something that SAYF would do. Wink was fun. A lot harder when you have tiny people behind you who end up being really strong, or you have tall, strong people. I love you all!

Shoutouts!

Lincoln: Happy Birthday

Emma: Where were you? I have barely seen you all retreat.

Angelina: You have failed to come to the other retreats, but I still love you!

Emanuel: So I totally think you should have come, but you had to do something else. ☹

Haley: I'm so glad I could finally meet you. I hope you come back.

Braden: That's what (insert random name here) said.

Kama: I love you!

Samantha: Haha! Phorest ate your baby! Jkjk I still love you.

Christina: My sister, I love you! And you shouldn't graduate yet.

Zan: Your Mohawk....I'm kinda getting used to it.

But as it always ends...it's time to say goodbye.

I love you all,

Kaitlynn

PS I forgot! Xavier: W-I-N-D-O-W; Brid fight.

PPS Jacob: Stripper?

PPPS See you in January.

This weekend was amazing!!!

The first thing I did was go grocery shopping and I learned that it takes a hell of a lot of food to feed 50ish people.

Opening circle was nice, and it made me happy to hear everyone say what they were thankful for. Saturday was awesome too. I enjoyed the games and the quiet time I got to have. Oh, and the glowsticks we got for the "bonfire" were awesome too. ☺

Shout-oust:

Hannah: You are my 9th wife! Congrats!!! ☺

Zan: I miss your hair☹

Angelina: I love you!

Rivers: It's okay, everyone forgets me. Oh, and hearing you, Jacob and Phorest (I think) sing Colt 45 was hilarious. ☺

Oh well, I guess I've got nothing else to say except I will see you all in January, or at least I hope I will.

Much loves,

Autumn

This retreat was awesome. ☺

Pat

Alrighty. So this was an awesome retreat. I played wink for the first time in ages and saw people whom I missed greatly. Gressa is awesome and Tim is so sexy but not as sexy as Tessa. So is Gressa though. But Tim wins all.

Angelina, you're such a bad kid.

Chrissy, I love you and you better go to the next retreat.

Chris, I have dat?

Rivers is beast ____ chicken.

Lincoln, happy birthday!

Haley, It was a pleasure to meet you.

Nia, you sasquatch.

Emanuel, I miss you soo much! Oh, I love you too.

Katie, please don't hate me.

Kama, don't throw up on me in the car please.

Zanifer

This weekend was awesome. The food was ok, and the activities were pretty sweet. Of course, the sleeping arrangement is yet to be desired. The scenery is pretty amazing, especially for this time of year.

When I first got here, it was dark, of course, but I still felt like I was in a pretty place. Sleeping was bad 'cause I kept getting kicked in the face and my pillow was tiny, but other than that, I woke up pretty well rested.

The activities with the spider web, balance beam, and lava was pretty awesome, hut the drum circle was the coolest, even with Rivers losing his voice from yelling "window" too loud.

Also, Xavier and Jacob trying to teach everyone the jerk was pretty cool.

Well, I have been waiting for a notebook and have like no time now. But longish story short, it was pretty awesome....I was so tired for most of it though! That sucked....Terra, I promise I'm not depressed. Tim needs to know how to be nice to me and Lekey.....love you anyways! Zan is amazing and beautiful still, even without his unicorn hair. Gressa and Taro are both such space cases and they get on each others backs about it. This is what I have to live with.

Xavier, listen, first of all, I TOTALLY beasted you at wink as your partner! And second of all I know that my shirt is in your tummy...unless you gained a little lumpy weight... ♥

Rivers, I really don't know you at all. But you make me laugh anyways.

Sayf was awesome. Love you guys!

Tessa

PS. Lekey, we need to plan a date to beat him up. HeHe I feel bad for picking on you but.....HaHa love you!

Thanks so much to the planning committee – and Chuck- for all the work you put into this retreat. I know that it takes extra work when the retreat is not in your town or in your Meetinghouse. I loved the theme and I really appreciated the worship sharing circle...thinking about community.

Happy Thanksgiving to all of you.

Therese

This Sayf was awesome. Yeah.

-Gressa

Tessa: I ♥ TimTimTimTim

Gressa: NO the best part was the awesome Key board!!!

Tim: & Tim.

Tim: I liked this retreat just not Tessa or Gressa. Lol jk I love them.

Gressa: funny is spelled M.E.A.N.

Tim: However unfortunate it is that Gressa can't spell, we still love her.

Gressa: "goes and cries in the corner".

Tim: Too bad we can't hear her since she lost her voice.

Tim loves himself. -Tessa

This zen works - it stopped working - it works.

This retreat was a good retreat, but instead of writing something meaningful I'm going to list as many inside jokes as I can remember! Ayyy bruh, AyyyGurl-lemane get yo' number. Shout out to Phillis (I mean Emily), girls have cooties, Chic-film....better than Wendy's! You're a jerk.....would you like some ice cream, Gingervitas???? Ay D-RAY, (reger's like Alise (her old spice), Bang hard Bang hard for life, what you gitta lose??? My Time, Shout out to John (I mean Emily's other boob, Rivers bruh, I got yo back, Shhhhiit.

- Kid Cuddi, D-Ray, Jerk

PS Tentacle penis (Emily).

PPS Flag pole, awkward star fish, outward palm tree.

PPPS I'm voing to vet vou.

PPPPS F Peace.

♥ Chanitizzle Manizzle Foshizzle!

This was my first SAYF. I do not know what I should write but I got a lot of new friends. It was cool. I did not know anybody and I am shy but they came to me, spoke with me and we had fun together. They taught me to jerk, and showed me the positive side of life.

What I did not like so much was the big crowded sleeping room but I can not blame somebody for it that I slept there.

M.T.

Thank you, Sayfers. For taking such good care of our Meetinghouse and grounds!

-Sig

Braden on Facebook (via Facebook mobial)
A Short Story: PhoPho Like Mofo

Braden: Going to coffee & tea!
1 hour ago.

Braden: Got my coffee!
58 mins. Ago.

Braden: Just drank some coffee :P
43 mins. ago.

Braden: walking home!
40 mins. ago.

Braden: Half way there!
35 mins. Ago

Braden: Going thru the door!
30 mins. Ago

Braden: Bored...text me!! ☺
11 mins. Ago

Braden: Walking to Coffee & Tea!
2 secs. ago.

Fin.

Well... I have lost my voice yelling "Window", "Bird Fight" and "Teach ya how to what?" as loud as I could. But it was worth it! Oh! Oh,oh,oh! Dinner was awesome on Saturday, I almost died when I smelled it...yum!

Savior Xavier & the Underdogs made two great videos, nothing new, just a sexy, artsy version of 'Window', and a sexy, bleeding nipple version of...'Window', both coming to a Facebook near you.
-Phorest

PS Hot Lava!

PPS Big Spider Webs!

PPPS Rivers!

PPPPS Oh My!

PPPPPS Real Sxxt Fer Life!

PPPPPPS I Threw it on the ground!

Tire swing, crunch leaves.

Hallway handstands, legs up! Eat

Oreos. Sleep, sleep.

The glass windows swing

Open, or the glass windows

Break. And leaves blow in.

Happy Birthday, Linky!

HAIKUUU BAAAAATLLE!!!

Sayf retreats is nice
So is Jimmy Stewarts voice
Tire swing is BAMF

Tire swing is BAMF,
But not as much as Jimmy.
White rabbit? Hell yeah.

Even better one,
Is Jimi Hendrix, the God
Of all that is BAMF

But anyhow... SAYF
Snuggle and stolen pillows
Tired happy teens

This one had much good.
I wasn't there in Asheville.
I was mucho sad.

I missed the BAMFing,
So it wasn't as bad as
If I were Lamey.

Lamey...is so lame.
I miss that stupid baby
BAMF BAMF BAMF BAMF BAMF.

Lamey is quite lame.
Hot damn, that baby stupid!
She's not BAMF with me!

But loved anyway
Cause some of us have feelings
Unlike that jerk Tim

Dag, that Tim's a jerk.
Racist, sexist, you name it.
It's jerkish, it's Tim.

If it ain't crank core
He will hate on it f'sho
Dayumm... watta jerk.

If it got talent,
If it got musical skill,
Phah! He don't like it.

We should stop hatin
Don't wanna become like Tim
Peace and love, y'know?

Indeed, we should not
Cast the stone of oppression,
Despite Tim's jerkiness.

You are eloquent
This morning, aren't you? Creep.
But JK, you rock.

I need more coffee
Really really really bad.
You don't even know....

Lies, scandalous Lies
Tim is nice and really sweet
So love him. We do!

Get yo big head out!
Tim, we know you a mean jerk.
Go get some real jeans.

I don't drink coffee.
No coffee cravings for me,
Half-Tibet cool chick.

This ain't no battle
We agree on everything.
Peace, b-b-bitchezzz.

Yah, but these things been
Called haiku battles f'revah.
But, we can not fight.

If you want to, girl.
If you want to, it is on!
Yeah. Like Don Key Kong.

Peace and love, STUPID.
Dis retreat go by so fast...
Like BAM! POW! Boom Done.

This the last Haiku.
Lamey, Willamae, you DUMB!
Be here next time, dumbs.

Well, looks like we done.
Best haiku battle EVA.
I DON'T WANNA LEAVE.

Yes, but leave we must.
Even mountains and rivers
Nothing's forever.

This is getting deep.
It might get outta control.
Uh oh....Hold on tighttttt.

This one not so deep.
Braden's, like, Batman or stuff.
Refrigerator!

Epistles are good
Man, I wish we had pizza.
Pomegranate drink.

Pizza fruity drink?
That's one disgusting smoothie.
Ew ew ew ew ew.

Damn boy, learn to read!
I thought you had to be SMART
To be in Harvey.

I no I kan read.
I lean spel two, stuped gorl.
I in 'leventh grad!

Daaaamn boi, you thtupit!
I am homeskewlded, youjurk.
You're a jurk, eye noe.

I can't spell like that.
One stupid haiku's enough.
Must spell correctly.

You're a nerd, nerd, nerd.
You're a geek (you're a geek) GEEK
Goddamn I need sleep.

You need to not sing,
Especially that music,
Or I will a's plode.

Oh snap. Tom Waits time!
Come On Up to the House too.
Ian I need sleep.

“So just open fire
When you hit the shore. All is
Fair in love and war”.

Man, that made me cry.
But not really 'cause I'm numb
Thanks to Timothy.

Just go to sleep, Leks.
Nineteen haikus is enough.
And yo too sleepy!

Five pages...we did good.
SAYF SAYF SAYF SAYF SAYF SAYF SAYF
Sleep. Sleep. Sleep. Sleep. Sleep.

Yeah. Too much haiku
Is not good for your brain health.
Good bye y'all losahs.

Yeah, we're done.
Peace out –
Lekey
Ian

Why I no in this?
-Phorest